



# February 2012

## Elementary Lunch Menu

Loudoun County Public Schools

Three easy ways to pre-pay for meals and purchases:

\*Cash

\*Check made payable to "County of Loudoun"

\*Credit card at [www.pay4lunch.com](http://www.pay4lunch.com)

Lunch Prices	Daily	Weekly	February
Student - Full	\$3.00	\$15.00	\$60.00
Student - Reduced	\$ .40	\$2.00	\$ 8.00
Adult	\$4.00	\$20.00	\$80.00

### Daily Feature Salad Meals

All Feature Salad meals include meat/meat alternate, fruit, vegetable, grain and your choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Chef Salad Traditional Chef Salad Hummus Vegetable	Vegetarian Chef Salad Traditional Chef Salad Chicken Caesar	Vegetarian Chef Salad Traditional Chef Salad Hummus Vegetable Taco Salad on Taco Day	Vegetarian Chef Salad Traditional Chef Salad Fruit Salad with Yogurt	Tuna Salad Hummus Vegetable

### Additional Daily Items – Yogurt and Bagel Entrée and Fresh Side Salads

Choice of milk available with all meals.

Monday 1/30	Tuesday 1/31	Wednesday 2/1	Thursday 2/2	Friday 2/3
<b>Choose one Entrée:</b> Chicken Nuggets Hamburger on Bun # Cheeseburger on Bun # <b>All:</b> Asian Noodles  <b>Choice of three:</b> Steamed Green Beans Mandarin Oranges Chilled Pineapple	<b>Choose one Entrée:</b> Baked Mozzarella Cheese Sticks * with Marinara Sauce Chicken Fajita Rice Bowl <b>All:</b> Steamed Brown Rice  <b>Choice of three:</b> Steamed Broccoli Sweet Potato Souffle Chilled Pears	<b>Choose one Entrée:</b> Taco Pie # Mini Corn Dogs <b>All:</b> Whole Wheat Pretzel Rod  <b>Choice of three:</b> Vegetarian Baked Beans Steamed Spinach Chilled Applesauce	<b>Choose one Entrée:</b> Spaghetti w/ Meatballs # Spaghetti w/ String Cheese and Marinara Sauce * Fish Nuggets * <b>All:</b> Wheat Roll  <b>Choice of three:</b> Steamed Corn Green Leaf and Spinach Salad Chilled Mixed Fruit	<b>Choose one Entrée:</b> Pizza * Quesadilla Pizza Chicken & Cheese Enchilada  <b>Choice of three:</b> Steamed Green Peas Steamed Mixed Vegetables Chilled Peaches
Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
<b>Choose one Entrée:</b> Hot Dog on Bun Steak & Cheese Sub #  <b>Choice of three:</b> Steamed Corn Fruit Crisp Chilled Mixed Fruit	<b>Choose one Entrée:</b> Macaroni & Cheese * with Wheat Roll Hamburger on Bun # Cheeseburger on Bun #  <b>Choice of three:</b> Steamed Broccoli Steamed Baby Carrots Chilled Pears	<b>Choose one Entrée:</b> Soft Taco # Bean Soft Taco * Fish Nuggets * <b>All:</b> Whole Wheat Pretzel Rod Taco Salad #  <b>Choice of three:</b> Refried Beans Lettuce, Tomato & Cheese Chilled Applesauce	<b>Choose one Entrée:</b> Chicken Nuggets with Wheat Roll Open Faced Roast Turkey Sandwich  <b>Choice of three:</b> Mashed Potatoes Steamed Spinach Chilled Pineapple	<b>Choose one Entrée:</b> Pizza * Teriyaki Chicken <b>All:</b> Steamed Brown Rice  <b>Choice of three:</b> Steamed Mixed Vegetables Green Leaf and Spinach Salad Chilled Peaches
Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 2/17
<b>Choose one Entrée:</b> Grilled Egg Patties * with French Toast Sticks Grilled Cheese Sandwich *  <b>Choice of Three:</b> Steamed Green Beans Baby Carrots & Ranch Dressing Chilled Pineapple	<b>Choose one Entrée:</b> Chicken Nuggets Ham & Cheese Bagel + <b>All:</b> Steamed Brown Rice  <b>Choice of Three:</b> Steamed Broccoli Mandarin Oranges Chilled Pears	<b>Choose one Entrée:</b> Italian Dunker # with Mozzarella Breadstick Chicken Filet on Bun  <b>Choice of Three:</b> Steamed Corn Green Leaf and Spinach Salad Chilled Mixed Fruit	<b>Choose one Entrée:</b> Beef Nachos # with Baked Tostitos® Scoops® Bean Nachos* with Baked Tostitos® Scoops® Corn Dog <b>All:</b> Whole Wheat Pretzel Rod  <b>Choice of Three:</b> Refried Beans Steamed Spinach Chilled Applesauce	<b>Choose one Entrée</b> Pizza * MaxSnax Cheesiest Con Queso  <b>Choice of Three:</b> Steamed Green Peas Steamed Mixed Vegetables Chilled Peaches

Monday 2/20	Tuesday 2/21	Wednesday 2/22	Thursday 2/23	Friday 2/24
<b>No School</b>	<b>Choose one Entrée:</b> Baked Mozzarella Cheese Sticks * with Marinara Sauce Chicken Fajita Rice Bowl <b>All:</b> Steamed Brown Rice  <b>Choice of three:</b> Steamed Broccoli Sweet Potato Souffle Chilled Pears	<b>Choose one Entrée:</b> Taco Pie # Mini Corn Dogs <b>All:</b> Whole Wheat Pretzel Rod  <b>Choice of three:</b> Vegetarian Baked Beans Steamed Spinach Chilled Applesauce	<b>Choose one Entrée:</b> Spaghetti w/ Meatballs # Spaghetti w/ String Cheese and Marinara Sauce * Fish Nuggets * <b>All:</b> Wheat Roll  <b>Choice of three:</b> Steamed Corn Green Leaf and Spinach Salad Chilled Mixed Fruit	<b>Choose one Entrée:</b> Pizza * Quesadilla Pizza Chicken & Cheese Enchilada  <b>Choice of three:</b> Steamed Green Peas Steamed Mixed Vegetables Chilled Peaches
Monday 2/27	Tuesday 2/28	Wednesday 2/29		
<b>Choose one Entrée:</b> Hot Dog on Bun Steak & Cheese Sub #  <b>Choice of three:</b> Steamed Corn Fruit Crisp Chilled Mixed Fruit	<b>Choose one Entrée:</b> Macaroni & Cheese * with Wheat Roll Hamburger on Bun # Cheeseburger on Bun #  <b>Choice of three:</b> Steamed Broccoli Steamed Baby Carrots Chilled Pears	<b>Choose one Entrée:</b> Soft Taco # Bean Soft Taco * Fish Nuggets * <b>All:</b> Whole Wheat Pretzel Rod Taco Salad #  <b>Choice of three:</b> Refried Beans Lettuce, Tomato & Cheese Chilled Applesauce		

Menu Key - # Beef, \* Vegetarian, + Pork

Free and reduced meal applications are accepted anytime during the school year. A change in income may qualify your children to participate in this program. Applications with the income guidelines may be downloaded from our website ([www.lcps.org](http://www.lcps.org)) and paper copies are available at any Loudoun County Public School.

## Weekly Breakfast Menu

Student Price \$2.00

Reduced Price \$.30

Adult Price \$2.25

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choose one entrée:</b> Mini Pancakes * Cereal with Whole Wheat Toast or Scooby-Doo™ Bones SunChips® Cinnamon Mix-Ups with String Cheese *  <b>Choose both:</b> Assorted Juice Choice of Milk	<b>Choose one entrée:</b> Breakfast Chicken Sandwich Cereal & Graham Crackers  <b>Choose both:</b> Assorted Juice Choice of Milk	<b>Choose one entrée:</b> Sausage & Cheese Sandwich + Cereal with Whole Wheat Toast or Scooby-Doo™ Bones SunChips® Cinnamon Mix-Ups with String Cheese  <b>Choose both:</b> Assorted Juice Choice of Milk	<b>Choose one entrée:</b> Cinnamon Roll & Cheese Stick * Cereal & Graham Crackers  <b>Choose both:</b> Assorted Juice Choice of Milk	<b>Choose one entrée:</b> Ham, Egg & Cheese Twister Roll Cereal with Whole Wheat Toast or Scooby-Doo™ Bones SunChips® Cinnamon Mix-Ups with String Cheese  <b>Choose both:</b> Assorted Juice Choice of Milk

If you have questions, concerns, or suggestions about the Child Nutrition Programs, please contact the Food Services Supervisor at (571) 252-1010 or e-mail: [jenny.demastes@lcps.org](mailto:jenny.demastes@lcps.org). Menus are subject to change without notice.

Due to product changes, ingredient lists may not be 100% accurate. Due to product unavailability, menu substitutions may be made from time to time. To verify menu substitutions for your school, please contact the cafeteria manager. Please be aware that some food items served on the Loudoun County Public School menu may have been manufactured in a facility, or on shared equipment with other peanut or tree nut products.

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