



WOODGROVE HIGH SCHOOL

Principal's Message

June 2017

Woodgrove High School

36811 Alder School Road
Purcellville, VA 20132

Main Office:
540-751-2600

Attendance Office:
540-751-2602

Guidance Office:
540-751-2607

Athletic Office:
540-751-2610

Clinic:
540-751-2606

William S. Shipp
Principal

Daryl Cummings
Assistant Principal

Don Keener
Assistant Principal

Tim Panagos
Assistant Principal

Geri Fiore
Director of School
Counseling

Rusty Lowery
Athletic Director

As our school year comes to a close, we certainly thank students, parents, staff, and community members for their efforts to make this school year such a success. We do wish everyone the very best, especially our Seniors who will be transitioning to college, the workforce, or the military.

Our Seniors have done an excellent job with their Senior projects. They've served in internships in the community, enhanced the first outdoor classroom which was constructed by last year's Senior class, created a path to Mountain View Elementary, built a new outdoor classroom in one of the courtyards, painted murals, collected food and other necessities for families for the summer, worked in our feeder elementary schools, and tutored underclassmen. Another Senior media team documented all of this and we will put their production on our website. Our Seniors' many talents and hard work have been on display for the past week and it has been impressive.

Graduation is set for Tuesday, June 13, at 8 AM, in our stadium. Seniors must report to school by 6:30 AM.

For students in grades 9, 10 and 11, final summative assessments will be administered June 6 – June 9.

Planning for the 2017-2018 school year is well underway. Please note that the start and end times for Woodgrove have been changed for next year. School will begin at 9:10 AM and end at 3:58 PM.

We will continue to post any new school information on our website through the summer. Honor rolls and awards received by students at the awards assemblies will be posted. In addition, we will post the 2017-2018 bus schedules once we receive them from the Department of Transportation.

As busy as we were this year, much of what we were able to accomplish was due to the dedication of our parents. We are fortunate to have such a supportive parent group. Many thanks to the PTSO, WMAA, and WAABC for organizing events for the school and coordinating volunteers. We could not do all we do without your assistance and help. We extend immense gratitude to the leadership of these organizations for their remarkable service. Thank you to the Presidents – Adrienne Lyne (PTSO), Joe Koester (WWABC) and Shannon Krise (WMAA) for their exemplary leadership over this past year.



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Principal's Message - continued

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This summer please remember to take time ensure your son or daughter reads and focuses on academics over the summer. Two and a half months of summer vacation is a long time and encouraging them during this time will help them be prepared for the transition back into school in August. School will begin on Thursday, August 24. On Tuesday, August 22, we will host our orientation - students will be able to come to Woodgrove and pick up their class schedules. The building will be open for a self-guided tour. Our Back to School Night will be Thursday, August 31, beginning at 7 PM.

I offer much appreciation to the faculty and staff for a great year. Their commitment to the students and Woodgrove community has a positive effect in many people's lives daily. The teachers and staff are truly dedicated and professional educators - it is a joy and privilege to work with them daily.

Lastly, as this school year ends, I am very proud of Woodgrove and I have no doubt that Woodgrove will continue to thrive and be a school where all of our students can be successful. May each of you have a safe and pleasant summer.

William S. Shipp
Principal

WOODGROVE HIGH SCHOOL

School Counseling News

WELCOME

As the school year is winding to an end, we thought it would be helpful to remind parents of some important dates.

June 1 - Senior Awards Assembly - they will be involved with activities from 8:00am until 3:43pm.

June 9 - Last Day of School!

June 12 – Mandatory Graduation practice at 1:30pm

June 16 – Class of 2017 Graduation Ceremony at 8:00am, students must report to homeroom by 6:30am.

We wish all Woodgrove Wolverines a safe and enjoyable summer. Good luck to all graduating seniors! See you in the fall!

Upcoming Events

Underclassman Awards Ceremony

Friday, June 2nd, at 9:00 AM in the Auditorium.

NOVA Dual Enrollment Placement Test Dates

NVCC is offering Math and English Virginia Placement Test (VPT) dates at Woodgrove High School. Pick a session from the below dates and sign up [online](#). Limited seating available! Sign up soon to reserve a spot!

- Saturday, June 3, 9:00am

Senior Community Awards Night

Sunday, June 4th, at 6:00 PM in the auditorium recipients and parents will receive an invitation to attend this event.

Career Center Visits & Info

Visits this year will take place mainly during the Den Time block.

Students *must* register for visits through [Naviance / Family Connection](#).

Those who are not on the list will not be permitted to attend. Attendees will receive a Den Time pass prior to or can print their registration from Naviance to serve as your pass. Please visit Mrs. Sutphin in the Career Center with any questions.



no visits at this time



Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username should both be their **6-digit student ID number** and their password is their birthdate in the **mmddyy** format. Parent's login should be their **email address** that we have on record as the username and **woodgrove** (all lowercase) as the password. For more information, visit the Naviance FAQ page at <http://www.lcps.org/Page/37870> located on the WHS website or contact Rachel Sutphin at rachel.sutphin@lcps.org

It's Never Too Early to \$tart Thinking About \$cholarships

Visit the [LCPS School Counseling](#) webpage for up-to-date county wide scholarship postings.




Interested in the Military?

Take the **ASVAB** (*Armed Services Vocational Aptitude Battery*) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work. Tests will take place throughout Loudoun County.

If interested, you can register or get more information [here](#).

Monthly Military Visit Schedule

				
3 rd Tuesday 12:00 PM	1 st Thursday 11:00 AM	3 rd Tuesday, every quarter 11:00 AM	2 nd Tuesday 11:00 AM	2 nd Thursday 12:30 PM

WOODGROVE HIGH SCHOOL

School Counseling News

2016-2017 SAT/ACT Test Dates



www.collegeboard.com

Test Date	Registration Deadline	Late Registration
June 3	5/9	5/24

* Class of 2017, be sure to check your college/university's website regarding SAT scores for the new test format. To learn more about the new, redesigned SAT test, visit <https://collegereadiness.collegeboard.org/sat>.



www.actstudent.org

Test Date	Registration Deadline	Late Registration
June 10	5/5	5/19

Looking for SAT/ACT Prep Options?

The Hunt Course is offering small group and quick review classes in the Purcellville Baptist Church located at 601 Yaxley Drive. Seating will be limited. Early registration suggested. Visit www.huntprograms.com for more information today!

The **Huntington Learning Center** will soon be opening a location in Purcellville. For more information, you can call 1-800-CAN-LEARN or visit their website at www.huntingtonhelps.com. They are offering a \$4,000 college scholarship sweepstakes, to enter text "4000" to 84444.

Leadership, Volunteer & Job Opportunities

For all job, internship and volunteer opportunities check out the board in the Career Center.

Alternative to Traditional College

Friday, June 16, 2017 from 10am – 3pm the Plumbers & Gasfitters U.A. will be hosting an open house for students interested in a 5 year Plumbing and Gasfitting Apprenticeship Program. Located at 5000 Forbes Blvd., Lanham, MD. For more information visit www.local5plumbers.org.

Loudoun Volunteer Caregivers

Has been helping Loudoun neighbors in need for 22 years. We help the elderly and disabled in our community

Main Office: (540) 751-2600 · School Counseling: (540) 751- 2607 · Athletics: (540) 751-2610

with transportation to medical appointments, pick up prescriptions, eye doctors visits, grocery shopping, gift shopping, hair appointments etc.

We have opportunities for students to volunteer as well! We hold a monthly game club at Madison House in Leesburg which is a low income senior community. We get together on the first Saturday of each month and play games, crochet blankets (yes, we will teach you!) and put together puzzles.

This summer we have many opportunities to volunteer as well:

- We will be refreshing the library located at Madison House. We will need volunteers to help categorize books, help with painting and refurbishing the area so that it is welcoming and user friendly to the seniors.
- We will be holding a fundraiser on June 17th at Roy Rogers...car wash! All proceeds go to helping with the refurbishing of the library and events planned for seniors.
- We are also looking for students to help with a walk a thon we are coordinating for the Fall of this year. Be on a committee that helps coordinate this event!

Banana Republic Factory Store

Now hiring sales associates and stock associates at the Leesburg Corner Premium Outlets. For more information please contact Daniela Shelmardine at damiela_shelmardine@stores.gap.com or log on to their website at <https://jobs.gapinc.com> to complete an online application.

PRCS Summer Camp Adaptive Recreation

Now hiring summer day camp staff. Minimum requirements are completion of 11th grade and at least 16 years old. Visit them online at www.loudoun.gov/jobs to review the position descriptions/requirements and to submit an online application.

Volunteer Opportunities at Ken Culbert Elementary

Are you in need of volunteer hours? Then check out the opportunities at Kenneth Culbert Elementary School www.SignUpGenius.com/go/10C0F4AA4AA2EA2F85-talent

Become a SHINE Mentor

SHINE for Girls is an 8-week program that combines dance with a tailored math curriculum to create an environment for young girls (grades 5-8) to explore math in a unique and creative way. We strive to not only improve mathematic skills, but also empower our students with the confidence to chase after their passions. SHINE for Girls turns the "I can't" around by creating an

WOODGROVE HIGH SCHOOL

School Counseling News

environment in which girls not only realize that they can, but that they want to. If you are a sophomore, junior, or senior girl who is interested in mentoring, please email shineforgirls.dc@gmail.com for more information.

Looper Golf

At LOOPER Golf we are about creating opportunities.

- Opportunities for youth to have a great job opportunity on their terms.
- Opportunities for expanding playing opportunities for our youth.
- Opportunities for golfers to experience golf at its best.

Currently seeking golf caddies. For more information visit our website www.looper.golf.

VIP Boarding Kennel is Hiring Soon!

Kennel Attendants Needed for Fun, Social Dog Kennel. Duties include supervising dog playtime & activities; cleaning dog kennels and play areas. We also board cats and small mammals and reptiles. Must be comfortable with animals and have basic cleaning skills. Scheduling is flexible, but weekend and holiday shifts are required. Fax employment application to 540-882-4034 or email info@vipboarding.com. Employment applications can be found on the Contact Us page of our website. www.vipboarding.com.

Explainers Program at the National Air & Space Museum

Are you a student over the age of 16? Is your GPA 2.7 or higher? Can you interact with diverse groups of people from all over the world? If you answered yes to these questions, you'd probably make a great Explainer. The Explainers Program at the National Air and Space Museum's Steven F. Udvar Hazy Center is seeking motivated, engaging students to inspire life-long learners by connecting them to the stories about the science and technology that make aerospace innovation possible. Explainers engage visitors with hands-on activity carts and interactive demonstrations on topics such as the forces of flight or humans in orbit. Explainers also respond to visitor questions submitted to the How Things Fly website. There's even the chance to teach people how to land a space shuttle or fly a Wright Brothers airplane! The Explainers at the Steven F. Udvar-Hazy Center work every weekend and some weekdays. Hours are flexible according to your academic schedule. For more information and to apply, visit <https://airandspace.si.edu/support/get-involved/student-jobs>.

Papa John's

Papa John's is now hiring Customer Service Reps and Drivers. Insiders must be at least 16 years old. Delivery drivers must be at least 18 years old. For more information contact Bob Gammache at 703-307-6916.

Town of Leesburg Employment

The Town of Leesburg is reaching out to local high school students interested in flexible part-time Parks and Recreation job opportunities. The Career Center will be posting weekly job advertisements available to students interested in applying. Stop by and check out the list!

Summer Program Opportunities

For all summer program opportunities check out the board in the Career Center.

The Experiment in International Living

Offers several innovative summer abroad programs for high school students. They deliver a range of programs with a particular focus on critical global issues. Programs are offered in Africa, Asia, Europe, Latin America, the Caribbean, North Africa and the Middle East. For more information stop by the Career Center for a 2017 catalog or visit their website at www.experiment.org.

CNU Summer Humanities Institute

Experience life at Christopher Newport University and earn college credit during this two-week, residential immersion experience from June 18 - June 30, 2017. Apply today at <http://cnu.edu/summerhumanities/>.

Hollinsummer 2017

A residential program for high school girls, July 16-22. It offers a great combination of learning and fun on one of Virginia's most beautiful campuses. They're offering three exciting programs this summer. Visit their website at <https://www.hollins.edu/academics/hollinsummer/> for more information and to register.

2016-2017 Counselor Assignments

	<u>Students</u>
Ms. Astrid Willemsma	A-C
Mr. Steven Cohen	D-Ha
Mrs. Donna Kelly	He-Mc
Mrs. Barbara Bell	Me-Sa
Mrs. Katharine Warehime	Sc-Z
Mrs. Geri Fiore	Director of School Counseling
Ms. Teresa Holland	Administrative Guidance Secretary
Mrs. Stephanie Butler	Guidance Secretary
Mrs. Rachel Sutphin	Career Center Assistant

WOODGROVE HIGH SCHOOL

School Counseling News

Visit the [Counseling](#) webpage for more helpful resources.

WOODGROVE HIGH SCHOOL NEWS

The American Legion post 293 Purcellville has chosen six students from the junior class to represent Woodgrove at this year's 2017 Girls State and Boys State

BoysState.

Congratulations

John Burroughs

Johann Wunder

Will Fincher

Girls State

Bailey Brooks

Jessie Kinkham

Addie Allread

American Legion Boys State and Girls State are among the most respected and selective educational programs of government instruction for U.S. high school students. A participatory program in which students become part of the operation of local, county and state government,

Virginia Boys State and Girls State are special programs run by the American Legion at both Radford and Longwood universities

On June 6th, seven Woodgrove High School students will deliver three "book barn" book cases and books to Seldens Landing, Cedar Lane and Little River elementary schools. The students who constructed it under the guidance of their teacher Mr. Kevin Copley and John Jose will read to the classes as part of the donation process and enable the support of Agricultural Education.

This project is generously funded by the Loudoun County Farm Bureau. Farm bureau members and educators Tim brown and Marty Potts' head up the donation applications and orders.

New Student Drivers and Road Safety

Those students that drive to school need to consider how the weather conditions affect their commute.



Due to various reasons, there tends to be more cars on the road and conditions are changing during wet or rainy mornings. Cars are moving slower due to the amount of vehicles, limited visibility, and the wet road conditions. It is important to make it to your destination safe and on time!



Tips for Student Drivers:

- ✓ Leave early to make it on time.
- ✓ Drive slower and increase your following distance.
- ✓ Be more alert
- ✓ Be sure your windshield wipers are in good shape

WOODGROVE HIGH SCHOOL NEWS

- ✓ Don't use cruise control
- ✓ Use headlights





WOODGROVE HIGH SCHOOL

Home of the Wolverines

36811 Alder School Road Purcellville, VA 20132

P: (540) 751-2600 • F: (540) 751-2601



May 2017

The Woodgrove Class Councils and Student Council had three major events during April, to help starting bringing this record-breaking year to a close: Class Council Elections, the final points for the Wolverines Spirit Plate, and Student Council Elections for next year's Executive Board.

A record 38 students completed paperwork and ran for the 15 elected positions for next year's Sophomore, Junior, and Senior Class Councils. Students were required to obtain necessary signatures and complete finance documents before beginning their campaigns. Once going, candidates hung posters, distributed election trinkets, and were also required to have a social media campaign "presence" this year – an added expectation. On Monday and Tuesday, April 24 and 25, the current three underclasses gathered and heard the campaign speeches from their classmates and then immediately voted. Congratulations to next year's Class Councils:

Senior Class of 2018

Daniel Shelton, **President**
Elizabeth Aramayo, **Vice President**
Meghan Cleary, **Treasurer**
Matt Geier, **Public Relations**
John Burroughs, Ellie Cirillo,
Lance Czarnecki, Juan Garcia,
Cristina Gaylord, and
Frank Ricker, **At-Large Members**

Junior Class of 2019

Colin Hoffer, **President**
Sam Payne, **Vice President**
Elizabeth Clark, **Sec./Historian**
Thomas Kleebe, **Treasurer**
Brent Rittner, **Public Relations**
Nino DeBarros, Grace Kostal,
Shelby Kostal, Cole Marsh,
Michael McKim, Caden Paterson,
and James Shockey,
At-Large Members

Sophomore Class of 2020

Billy Hughes, **President**
Kyle Caylor, **Vice President**
Nathan Rand, **Secretary/Historian**
Devin Santikarma, **Treasurer**
Grace Vest, **Public Relations**
Liesl Bergel, Alina Bhatti,
Delaney Coates, Nick Cooper,
Sophia David, Katherin Gomez,
Maryam Khan, Katherine Powell,
Elyssa Talkington, and
Jaylen Washington,
At-Large Members

The last week of April saw Spring Fever Week, with each day dedicated as a spirit day. The students dressed in such seasonal outfits as The First Day of Kindergarten, Sports or Jorts, and Country v. Country Club. During lunch shifts, representatives from each class competed in the Lunch Games – the final chances for each grade to earn points for the year-long Spirit Plate prize. Balancing a basketball on a plunger, catching gummy bears in your mouth, and the Oreo Face-Off game were among the spirited contests that saw the **Freshman Class of 2020** prevail in the end. This was historic in the sense that the Plate has never come down to being decided in the *last* game on the *last* day of the competition, and that the current ninth grade has never won. Congratulations! The class will reap the benefits with their class party on June 2.

Finally, the current members of the Student Council elected the Executive Board members for next school year. These officers will take their oaths of office and begin their leadership roles at the Banquet coming later this month. Congratulations and we look forward to a great 2017-2018.

Derek Shockey, **President**

Grace Kostal, **Administrative Vice President**

Lizzie Clark, **Communications Director**

Maryam Khan, **Community Service Director**

Kawal Tiwana, **Marketing Director**

Sam Payne, **Student Activities Director**



ATTENTION:

AFFORDABLE SPORTS PHYSICALS...



VHSL sports physicals for all high school athletes and youth football players will be performed by local health care providers!



Loudoun Valley and Woodgrove Athletics

These physicals will satisfy the 2017-2018 pre-participation examination requirements for all high school athletes and youth football players. Come to:

Loudoun Pediatric Associates

205 East Hirst Road Suite 302
Purcellville, VA 20132

JUNE 1, 2017

New ONLINE REGISTRATION!

High School <https://webinter.lcps.org/SPAR/>



ULYFL Players	5:00 PM
Rising 9 th Grade	5:30PM
Rising 10 th Grade	6:00PM
Rising 11 th Grade	6:30PM
Rising 12 th Grade	7:00PM

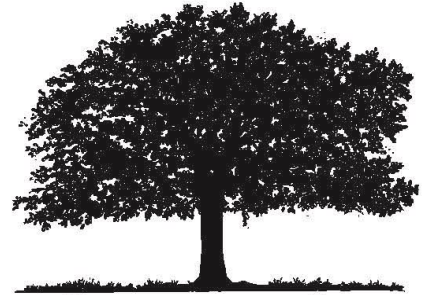
PRE-REGISTER FEES-CASH/CHECK ONLY; NO CC!

\$30 for the first athlete in the family... **\$25** for each additional athlete in the family! **\$35** walk-ins.

Please Contact the LVHS Athletic Department with any questions (540) 751-2410



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DRIVERS ED

LESSONS FOR THE ROAD OF LIFE

Behind the Wheel Available All Summer



BTW is offered
throughout the summer.
Get your forms turned in
soon.

See Mrs. Holland in Guidance to
sign up for BTW.

**BTW is also
available during the
summer.**

Clinic News

The end of the school year is fast approaching. I will be sending you a letter if your child has any medication remaining in the clinic at the end of the school year. You will need to drop by the clinic to pick it up before school ends. Clinic hours are between 8:30am and 4:00pm daily. Students are not allowed to transport medication home. Medication that is not picked up by the last day of school, (June 9th) will be discarded as per LCPS.

If your child needs medication or health related care at school for the 2017-2018 school year, the appropriate LCPS Physician Order/Health Care Plans will be required. A NEW form is required for each school year. These forms need to be completed by you and your physician PRIOR to the start of school in August 2017. The completed form must be returned to the clinic of the LCPS your child will be attending by the first day of school. All schools in Loudoun County require that appropriate physicians forms be on file prior to dispensing medication or giving health related care at school. Please remember that all medicine must be brought to school by a parent/guardian. The medication must be in the original container with the appropriate label.

Physicians order forms for medication, severe allergy, asthma, diabetes and seizures are available in the WHS Clinic and on the LCPS web site on line at www.lcps.org. Click on the Parents" tab (upper right hand corner of page) and click on STUDENT HEALTH SERVICES (in alpha listing). Health forms will be there.

If you request a copy of your child's immunization record for summer camps, sports, etc., please give me at least a 24-hour notice. These records may not be faxed; they can only be copied and sent home with you or your child.

I am available to receive new physician orders/health care plans and medications when I return to work at the end of August. I will be attending meetings the first week that I'm back so it may be best to call the clinic before coming to school to insure I am able to meet with you.

Please feel free to contact me at, 540-751-2606 with any questions.

It has been a pleasure to care for your child this past year. Have a healthy and enjoyable summer.

Regards,
Stephanie Lovasz, RN,MSN, BSN

WOLVERINE SPORTS MEDICINE

Volume 7, Issue 9

May, 2017

Sports Injuries

Compartment Syndrome

Compartment syndrome is a painful condition that occurs when pressure within the muscles builds to dangerous levels. This pressure can decrease blood flow, which prevents nourishment and oxygen from reaching nerve and muscle cells. Compartment syndrome can be either acute or chronic.

Acute compartment syndrome is a medical emergency. It develops when swelling or bleeding occurs within a compartment either from a fracture, bad bruise, over constrictive bandages and anabolic steroid use. Because the fascia does not stretch, this can cause increased pressure on the blood vessels, nerves, and muscles in the compartment. Unless the pressure is relieved quickly, permanent disability and tissue death may result.

Chronic compartment syndrome, also known as exertional compartment syndrome is most often caused by exercise. Athletes who participate in activities with repetitive motions, such as running, biking, or swimming, are more susceptible. This is usually relieved by discontinuing the exercise, and is usually not dangerous.

Symptoms of compartment syndrome include: intense pain, tingling or burning sensations in the skin, muscle tightness, visible muscle bulging, and decreased strength or inability to move the body part.

Treatment for acute compartment syndrome is an emergency fasciotomy where the doctor will cut open the skin and fascia to relieve the pressure. Treatment for chronic compartment syndrome usually involves physical therapy, NSAIDS, and cross-training to incorporate more low-impact activities.

May, 2017

Fitness

Bad Posture

Bad posture can be influenced by a lot of things, including genetics, hand dominance, past and current injuries, illness, emotional stress, sitting at a computer, texting, driving, wearing a backpack and even playing a sport. If you think of a high school student-athlete almost all of these influences are present, so it makes sense that we see a lot of student-athletes coming into the athletic training room with poor posture.

In general terms, bad posture equals bad body alignment. Poor alignment means that stabilizing muscles are stretched, which weakens them while putting other muscles under heavier stress. When muscles are under heavy stress for a length of time, misuse results and injury can occur.

The most common type of bad posture seen in student-athletes is kyphosis-lordosis (KL). KL posture is present when the head thrusts forward, upper back is rounded or slumped, shoulder blades press out from the ribcage as if they were wings, thumbs rotate toward the posterior, pelvis is anteriorly rotated. Student-athletes with KL usually have tight low backs and hip flexors and weak abdominals and gluteals. These unbalanced weak links translate to inefficiencies in movement and over time can create overuse injuries.

Good posture is defined as head in neutral position, shoulder blades back and down the thorax, spine with natural curvature, palms facing the body with thumbs anteriorly rotated, pelvis in neutral and knees straight ahead. Muscles are balanced and relaxed, movement patterns are normal and joints are open and loose with the core stable to allow energy to flow through the body unhindered.

Good posture can also be developed anywhere and anytime during the student-athlete's day...during class, while driving, or while doing homework, for example. As the student-athletes grow more aware and conscious of their bodies, they will be able to practice great posture throughout the day.

Dress and Grooming

Students are expected to dress appropriately.

Clothing which distracts others from learning or which endangers safety is unacceptable.

Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable. These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

Hats and headgear are not allowed unless approved by the administration for special occasions. It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.



HELP BUILD ON OUR SUCCESS...JOIN THE

WOODGROVE HIGH SCHOOL



PTSO

Parent Teacher Student Organization

JOIN ONLINE TODAY!! www.lcps.org/Page/69200

Woodgrove PTSO: How we contribute to our school and Community:

- Award academic scholarships to seniors and CAMPUS program graduates
- Fund teacher requests for equipment, curriculum, online instructional programs and support materials
- Fund extra-curricular club participation in regional competitions
- Sponsor staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

With your support, we will continue to:

- Help fulfill the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize, publicize and celebrate our school's successes in all avenues.
- Publish the Woodgrove Weekly newsletter to keep you informed all WHS happenings (please "like" us on Facebook too!)
- Ask for your help and assistance in areas of need—our volunteers are very important to our school's success.

Dues are only \$25 a family or \$10 for individuals and \$5 for students and faculty.

MEMBERS NAME(S): _____

ADDRESS: _____

CITY: _____ **STATE** _____ **ZIP** _____

EMAIL: _____ **(REQUIRED FOR WOODGROVE WEEKLY SUBSCRIPTION, ALL ADDRESSES WILL REMAIN STRICTLY CONFIDENTIAL)**

PHONE NBR: _____ **AMT ENCLOSED:** _____

(Please return to WHS front office)
(ADDITIONAL DONATIONS are WELCOME and are TAX FREE)

**JOIN ONLINE
TODAY!!**
[www.lcps.org/
Page/69200](http://www.lcps.org/Page/69200)





SUBSCRIBE TO THE WOODGROVE WEEKLY

The Woodgrove Weekly is your best tool for staying informed about everything that takes place within the Woodgrove Community.

The Woodgrove PTSO's weekly newsletter, the Woodgrove Weekly, will keep you up to date about school news and events as well as PTSO activities. The newsletter goes out by email every Monday, and you can sign up in only a minute by putting this address into your web browser:

<http://tinyurl.com/woodgroveweekly>

You do not have to join the PTSO in order to get the newsletter. This is a PTSO service for our whole school community. We will never share your contact information, and you can easily unsubscribe at any time.

The newsletter will come to you from this e-mail address:

WoodgroveHighSchoolPTSO@gmail.com

*Remember to add this to your address book or trusted contacts
so it doesn't end up in your spam or junk folder.*

Grocery & Shopping Reward Programs

Help Woodgrove earn money to supplement the school's educational needs.

Woodgrove High School is registered with [Giant's A+ School Rewards Program](#), [Harris Teeter's Together in Education Program](#), and [AmazonSmile](#). Woodgrove has earned *thousands of dollars* through these free programs, so please enroll or confirm this year's participation today!

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up online.



Giant A+ School Rewards (School ID 09152)

<https://giantfood.com/savings-and-rewards/rewards-program/aplus/>

Select *Register Your Card* to sign up or *Confirm Your Schools* to check which schools you support

Harris Teeter Together In Education (School Code 1613)

<https://www.harristeeter.com/together-in-education>

Click *Link Your School Today* to register or re-link your VIC card



AmazonSmile

<https://smile.amazon.com>

Choose *Woodgrove High School PTSO* as your charitable organization. Every eligible purchase you make through smile.amazon.com will result in a donation to the PTSO.

Please contact WoodgrovePTSOFundraising@gmail.com with any questions.



LCPS MENUS ARE ONLINE
AND CAN BE ACCESSED BY
[CLICKING HERE](http://www.lcpshealthycafe.org/index.php?sid=2407151445268563&page=menus)

<http://www.lcpshealthycafe.org/index.php?sid=2407151445268563&page=menus>



INFORMATION FOR SCHOOL
BUS ROUTES CAN BE FOUND
[BY CLICKING HERE.](http://www.lcps.org/Page/172774)

<http://www.lcps.org/Page/172774>

Woodgrove High School Bell Schedules 2016-2017 School Year

Period	Normal Day				One-Hour Delay Day		Two-Hour Delay Day	
	Regular Schedule		FACEtime/Clubs Schedule		Time	Min.	Time	Min.
	Time	Min.	Time	Min.				
1 or 5	8:55 - 10:30	95	8:55 - 10:20	85	9:55 - 11:16	81	10:55 - 11:59	64
2 or 6	10:35 - 12:03	88	10:25 - 11:45	80	11:21 - 12:34	73	12:04 - 1:02	58
FACEtime or Clubs			11:50 - 12:20	30				
Open Lunch			12:20 - 12:53	33	12:34 - 1:07	33	1:02 - 1:35	33
3 or 7	12:08 - 2:10	92	12:58 - 2:18	80	1:12 - 2:25	73	1:40 - 2:39	59
Lunch Shift 1	12:03 - 12:33	30						
Lunch Shift 2	12:35 - 1:05	30						
Lunch Shift 3	1:07 - 1:37	30						
Lunch Shift 4	1:39 - 2:10	31						
4 or 8	2:15 - 3:43	88	2:23 - 3:43	80	2:30 - 3:43	73	2:44 - 3:43	59

Notes concerning a Delay Day:

1. If a Delay occurs (or if school is cancelled) on a day that is planned as FACEtime or Clubs, the FACEtime/Clubs will be postponed **one day**, unless that rescheduled day already has an event planned. In this case, the FACEtime/Clubs meeting will be cancelled for the week.
2. If the rescheduled day also has a Delay (or if school is cancelled), the FACEtime/Clubs meeting will be cancelled for the week.

	A Days	B Days
Lunch Shift 1	Fine Arts, English, Counseling, CBI, Basic Skills, Func. Skills, and Copley, Jose, Glover, Gresh, Gustafson, Shildneck, Fortney	Science, Counseling, CBI, Functional Skills, Photo Journalism, Noland
Lunch Shift 2	World Languages, CTE, Math	World Languages, English
Lunch Shift 3	Social Sciences	Social Sciences, and Grove, Bales, Mobley
Lunch Shift 4	Health / PE, Science and L. Spicer	Health / PE, Music, CTE, Newspaper, and Morgan, Demark

Loudoun County Public Schools

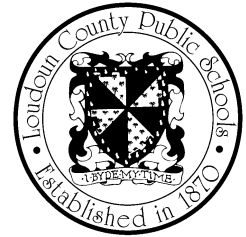
Business & Financial Services

21000 Education Court, Suite 301

Ashburn, VA 20148

(571) 252-1280** (571) 252-1432 fax

E-mail: LCPS-BUS-RISKMGMT@LCPS.ORG



ATTENTION: STUDENTS, PARENTS, FACULTY & STAFF

Loudoun County Public Schools' Insurance Does Not Provide Coverage for Students' and Employees' Personal Property Brought to School.

Each year the LCPS Procurement/Risk Management Office receives claims where school students and employees have lost valuable personal property brought to school. Every type of personal property is subject to loss by accident, theft, or vandalism.

Examples of personal property include:

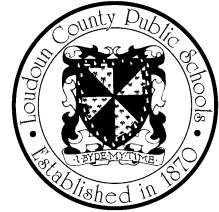
iPods, iPads, cell phones, cameras, tablets, lap top computers, etc.

The ***Worth Avenue Group*** has been providing insurance programs to thousands of students and staff across the country since 1971. Their personal property insurance plans have been utilized by many colleges and universities and have been made available to public school students, faculty, and staff nationwide.

Losses Covered: The plans cover loss or damage, occurring during the policy period, to personal property, which you own or have leased. See policy for items excluded from coverage. Coverage may be purchased on a "cash value or replacement cost" basis with a deductible as low as **\$50 per occurrence**.

What about Coverage Under Your Homeowners Policy? If you have questions about your homeowner's policy, ask your agent to go to the ***Worth Avenue Group*** website for more information and then to give you advice. These plans are typically **primary** to the homeowner's coverage and can be used to cover high insurance deductibles.

For further information on this coverage please call **1-800-620-2885** or visit <http://www.worthavegroup.com/> and read about the **various available coverages**.



ATENCIÓN: PADRES Y ESTUDIANTES

El Seguro de las Escuelas Públicas del Condado de Loudoun No Cubre la Propiedad Personal de los Estudiantes Llevada a las Escuelas.

Cada año, las oficinas de adquisiciones y manejo de riesgos de LCPS reciben reclamos de estudiantes y empleados que han perdido propiedad personal de mucho valor en las escuelas. Ejemplos de propiedad personal incluye **iPods, iPads, teléfonos, cámaras de fotos, ordenadores portátiles. Cada tipo de propiedad personal esta sujeta a pérdidas por accidente, robo ó vandalismo.**

Worth Avenue Group esta proporcionando programas de seguros a miles de estudiantes en este país desde 1971. El plan de seguro de propiedad personal ha sido utilizado por muchas escuelas y universidades. Recientemente ha sido **disponible para los estudiantes de las escuelas públicas a nivel nacional.**

Cobertura de pérdidas: El Plan cubre pérdidas o daños a su propiedad personal, de la cual usted es dueño o alquilo, incluyendo materiales de valor en su poder, estas pérdidas deben ser durante el periodo vigente de la póliza. Verifique los artículos excluidos en su cobertura. El seguro podría ser comprado en base de "dinero en efectivo" o "a costo de reemplazo" de la propiedad personal y con un deducible tan bajo como \$50 por caso.

Propiedad No Cubierta: Algunos ejemplos de propiedad **no cubierta** por el plan son:

- **Coches (incluyendo los equipos estereofónicos de los coches), motocicletas, barcos, motores, aviones o partes; billetes de transportes u otros billetes; Dinero en efectivo o monedas, evidencias de deudas, cartas de crédito, documentos de pasaportes, notas o valores; lentes de contacto, dientes artificiales o miembros.**

Y Qué Sobre la Cobertura Dentro de la Póliza de Seguros del Hogar? Si usted tiene preguntas acerca de lo que cubre su seguro del hogar, enséñele el folleto a su agente de seguros y pídale su consejo. *Worth Avenue Group*, esta cobertura es siempre primaria a lo que cubre su póliza de hogar y puede ser usada para cubrir altos deducibles de los seguros.

Para mas información sobre esta cobertura, por favor visite la página web:

<http://www.worthavegroup.com/> 1-800-620-2885, y lea sobre el Plan de Propiedad Personal del Estudiante.